



THE OWL @ LICHFIELD PRESENTS...

Gluten Free Menu

Starters

Soup of the Day – served with toasted bread £5.95

Garlic Mushrooms – chestnut mushrooms with a garlic cream on toast £5.95

Chicken Liver Pate – served with red onion chutney & toasted bread £6.95

BBQ Chicken Wings - slow roasted chicken wings smothered in our BBQ sauce
£6.95

Pil Pil Prawns – served with toasted bread £7.95

Main Course

Chicken Burger – cajun chicken breast, crisp lettuce, tomato, onion, gherkin and
cheese, served with fries - £10.95

Lemon & Thyme Rotisserie Chicken – served with fries and salad £9.95

Peri Peri Rotisserie Chicken – served with fries and salad £10.95

Grilled Haddock – served with sauteed potatoes, spinach and hollandaise sauce
£12.95

Seabass – with sauteed potatoes, asparagus, spinach, mussels white wine & dill
sauce £13.95

8oz Sirloin Steak – served with fries and red wine jus £17.95

10oz Rump Steak – served with fries and red wine jus £15.95

16oz Gammon Steak – served with fries £11.95

Chicken Fajitas – cajun chicken, onions, peppers, served with wraps, cheddar
cheese, salsa, guacamole, sour cream £12.95

Halloumi Fajitas - onions, peppers, served with wraps, cheddar cheese, salsa,
guacamole, sour cream £10.95

Desserts

Eton Mess – with summer fruits, meringue & Greek Yogurt £5.75

Lemon Sorbet £2.95

Raspberry Sorbet £2.95

All bread products are gluten free

Join our offers club to hear exclusives about upcoming offers, events, and new menu's!

Not all allergens are listed, please contact your server before ordering to inform of any allergens or intolerances.